



Erasmus+ KA1

Learning mobility of individuals

Mobility projects for youth workers

Training course for group leaders and youth workers
2025-1-HR01-KA151-YOU-000300423

Inclusion in practice: from theory to youth work reality



AGENCIJA ZA
MOBILNOST I
PROGRAME EU



Co-funded by the
Erasmus+ Programme
of the European Union

**WELCOME
ON BOARD**

Dear friends,

*thank you for joining us in this project!
This info pack will provide you with all
relevant information regarding the
preparation for the project activities.
Please, read it carefully and follow the
instructions. In order to assure smooth
communication, please, check your emails
regularly.*



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WHAT IS THE PROJECT ABOUT?

This training course is designed to strengthen the capacity of youth workers and group leaders to translate the principles of inclusion and diversity into practical youth work. While inclusion is a core priority within the Erasmus+ programme, many organisations still face challenges in applying it consistently in real-life settings. Youth workers often encounter diverse groups of young people with complex and intersecting needs, yet lack understanding, concrete tools, confidence, and structured approaches to ensure equal participation for all. Therefore, the aim of this training is to equip participants with the knowledge, skills, and attitudes to understand inclusion and diversity to be able to design and implement inclusive youth work activities that genuinely reach and engage young people with fewer opportunities.

Through the training, participants will:

- develop a clear understanding of inclusion within the Erasmus+ framework and its practical implications for project design and implementation
- strengthen their ability to recognise and address visible and invisible barriers affecting young people
- critically reflect on unconscious bias, stereotypes, and their influence on youth work practice
- build skills in outreach, trust-building, and creating safe and supportive environments
- gain practical tools and methods to adapt activities, communication, and learning processes
- exchange good practices and co-create inclusive approaches that can be implemented within their organisations and local communities



PROJECT ACTIVITIES

TRAINING COURSE (TC)

10 - 18 June 2026

Samobor, Croatia

arrival: 10 June, afternoon (we are starting with dinner)

departure: 18 June, morning (we are finishing with breakfast)

The training will cover a range of essential topics, including inclusion within the Erasmus+ framework and the development of diversity and inclusion strategies in youth work. Participants will explore different barriers to participation, such as health-related obstacles, disabilities, rural isolation, cultural differences, and discrimination. The training will also address unconscious bias and stereotypes, alongside approaches to outreach and trust-building with marginalised groups. In addition, it will focus on identifying and using appropriate resources for inclusion, creating safe and supportive environments, and applying practical tools and methods for inclusive youth work. Opportunities for sharing good practices and peer learning will also be an integral part of the training.

Detailed time table will be delivered in later phase of preparation.

There will be no any program on travel days, participants are free to arrive/depart at any time they want on June 10th and 18th. Program will be implemented from June 11-17. There will be 4 workshops per day. There will be breaks in between. There will be enough of free time for participants to visit Samobor or Zagreb.

PARTICIPANTS

Each partner organization should select **4 participants age 18 years old and above** (no upper age limit)

Additional criteria (not exclusive):

- **Participants are directly related with the work of partner organizations on regular basis**
- **Participants are responsible for planning and implementation of non-formal learning activities and projects**
- **Participants have previous experience in the fields of inclusion and diversity**
- **Participants need to have fair command of English language in order to be able to take active role in the project, contribute to it and benefit from it**
- **Gender balance in each team is ensured in highest possible ratio, but gender balance cannot be taken as more relevant than participants motivation and potential multiplier impact after the project**

In total, each organization should be represented by 4 people.

PARTICIPANTS SELECTED AND CONFIRMED BY PARTNER ORGANIZATIONS need to fill in participants' form and join projects' Whatsapp group (links and deadlines later in the info pack).

Training course will take place in **Samobor** - a lovely, small town located 20km (40min drive) from capital Zagreb city centre. Our venue will be **hostel "Samobor"** which is located in the city center and has all needed facilities. It is a typical youth hostel which provides all needed contents for simple and cosy stay. Participants will be accommodated in shared rooms, gender divided, with other participants from the group. Seminar room is within the hostel. Meals and coffee breaks will be provided at the hostel, in line with provided dietary needs. Bathrooms are shared on the floor. Hair dryers and small towels will be provided but we advice you to take your towel and personal hygienic things you might need as well.

<http://www.hostel-samobor.hr/en/>



Samobor

THE VENUE



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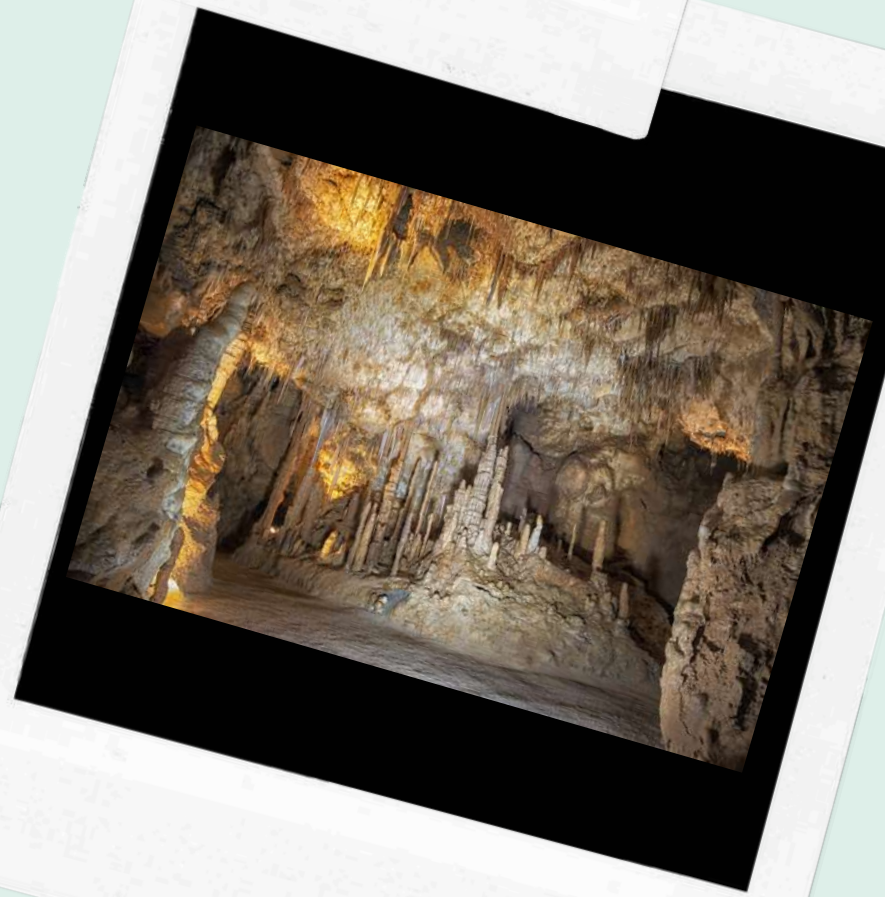
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MORE ABOUT SAMOBOR

Samobor is very popular weekend-destination and the town which offers many leisure and free time possibilities.

You can climb the hill to reach Samobor castle ruins which provide spectacular view on surrounding areas. Since Slovenian border is only few kilometers away, you can see Slovenia as well. :) You can ride a bike or hike in the area following many wine roads or visit Grgo's cave - one of the most beautiful caves in the north-western part of Croatia with rich selection of stalactites and stalagmites.

If you would just like to chill, you can sit in one of the many lovely bars and pasteries at the city centre, next to the river, any enjoy tea, coffe and - of course, best KREMŠNITA in Croatia. :)



AMAZING

と出会ったのは...
本展覧会...
も言えない温かみや...
とし関手に取りました...
「1階級とは常に持ち...
「記憶の力」も呼...
た革カガキと照何冊...
平当に様々なところ...
「さきさんだと思...
なので、絵の具と筆...
ら作品を仕上げ...
「下」...あるトラ...
出来事も書き込まれ...
のが、みんなを撮...
ドローンが撮られた...
のかの日数まで書き...
だけでだんごんの記...
「普段は引き出しの...
「例えは、壁面を...
鍵なので、...
な時のベル...には、...
とその絵が意味する...
たスケッチが残って...
「今年...には幸運...
るアート...に選ば...
珊瑚礁の調査に同行...
りか...というス...

HOW TO REACH THE VENUE

- Training course will take place in Samobor which is some 20km from Zagreb. Nearest airport is **Franjo Tuđman Airport Zagreb** (<https://www.zagreb-airport.hr/en>).

Other nearby airports to consider can be Budapest or Vienna and from there you can reach Zagreb easily by bus or train.

- Bus that will take you from the **airport to main bus terminal in Zagreb city centre** (last stop in the city centre) is in front of the exit. There is written CROATIA AIRLINES-ZRAČNA LUKA ZAGREB on the bus so you can hardly miss it. Bus goes every 30min during the whole day. The ticket can be bought online or inside the bus from the driver. Price is 8 EURO. <https://plesoprijevoz.hr/en/zagreb-croatia/>
- Once you reach main bus terminal in Zagreb, **busses to Samobor** go from the same place. Busses go frequently during the day, since early morning until late evening. Bus schedule can be found here: <https://voznired.akz.hr/VozniRed.aspx?lang=en>
- Once you reach Samobor, hostel is in the city centre. Address is **Obrtnička 34, 10430 Samobor**



REMARK: If you cannot catch the last bus, please, take **BOLT** to Samobor (others might charge you several time more and we will not be able to accept it). Taxi costs will be accepted only if occurred at the time **when there is no public transportation available.**

Travel distance	Green travel	Non-Green travel
10 – 99 km	56 EUR	28 EUR
100 – 499 km	285 EUR	211 EUR
500 – 1999 km	417 EUR	309 EUR
2000 – 2999 km	535 EUR	395 EUR

*considering the distance from the place where the travel started to the venue, based on calculation made by [Erasmus+ distance calculator](#)

Participants can stay in Croatia for max 2 additional days out of the project dates. All costs that occur out of the project dates needs to be covered by participants.

While booking flights and/or other means of transportation, keep in mind that only **public transportation and economy class** are eligible (except in exceptional case when there is no public transportation). The participants are expected to purchase their travel tickets and the actual costs (on the condition that total travel cost does not exceed the specified maximum amounts) will be reimbursed after the project, upon the presentation of relevant justifying documents and after completing post-project activities (such as visibility and results dissemination).

Please note that the travel costs will be reimbursed on the real cost basis up to the maximum amount stated in the table above, in accordance with Erasmus+ program rules. In case of exceeding the maximum amount per person, participant should cover the difference.

**Save all of your travel documents (tickets, bookings, invoices, boarding passes etc.)!
Reimbursement cannot be done for lost travel documents!**

It is recommended to obtain travel health insurance which will cover period of your stay in Croatia. For the participants coming from the EU member states it is recommended to obtain European Health Insurance Card. Insurance costs are not eligible for reimbursement.

TRAVELING



POST-PROJECT ACTIVITIES

• **REIMBURSEMENT**

In order for reimbursement to be processed, we will need all of your travel documents from your origin destination to Samobor and back. This includes:

- flight booking confirmations/travel itinerary received by your emails or obtained in travel agency, with clearly visible your name, dates and destination of travelling and price
- invoice for flight if you received it separately
- boarding pass (no matter if it is obtained through app, checked in online or received in hard copy at the airport) reimbursement cannot be processed without boarding passes
- bus/train tickets with clearly visible date of travelling, destination and price
- all the other tickets and invoices you might have

All travel documents will need to be delivered in line with detailed instructions provided by coordinators after the end of the youth exchange, within the given deadline. Participants are obliged to provide digital copies as well as hard copies upon request. Reimbursement of the eligible costs will be done to the accounts of partner organizations or exceptionally, to the accounts of group leaders for the whole team in one transaction. No individual transactions will be possible.

Reimbursement cannot be done for lost travel documents! In case you do not have supporting documents as requested, reimbursement for part or all costs cannot be proceeded. Please note that the travel costs will be reimbursed on the real cost basis up to the maximum amount stated in the table in previous page, in accordance with Erasmus+ program rules. In case of exceeding the maximum amount, participant should cover the difference.

• **DISSEMINATION**

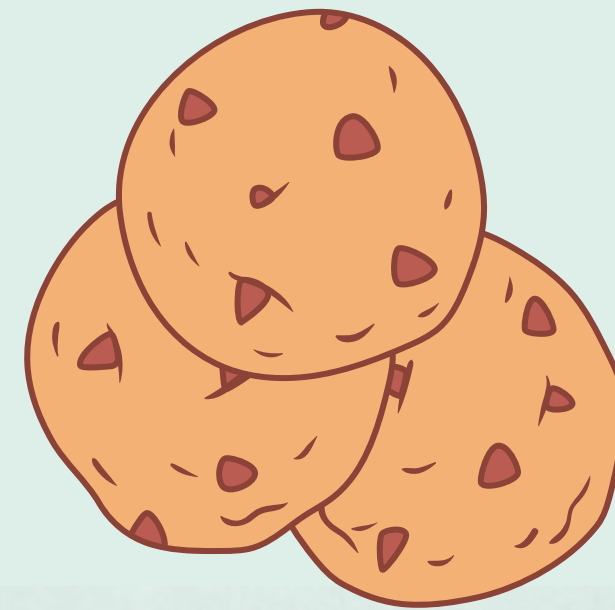
As part of post-project participants will also have to do project visibility and result dissemination activities. This can be done as a team or individually through different online channels and by organizing in person activities (eg. workshops to present project and project outcomes and Erasmus+ program, different online posts, blogs, videos, articles etc.) Links will need to be provided as proof of implementation and publishement.

INTERCULTURAL NIGHT

In order to learn more about each others' cultures and traditions, as a part of the project we will have traditional intercultural evening. Plan well how to present your country and culture in creative and interactive way and do not forget to bring some snacks or drinks with you. :)



FUN TIME :)



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OTHER THINGS

Croatia joined Eurozone and Schengen area starting from January 1, 2023.

June is summer month with potentially **high temperatures** sometimes exceeding 30 degrees celsius. Summer is also period of **sudden and strong storms with heavy rain and strong winds** so be aware and find immediate shelter if you find yourself in the middle of one.

Things to bring with you (suggestion):

- towel
- slippers
- personal hygiene products
- swimming suit if want to visit local pool
- trainers/sports shoes and tick/mosquito spray if you would like to go for a hike
- things for intercultural evening
- motivation, curiosity and good mood :)



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